

# Invitation to doctors from the South African Academy of Anti-Aging and Integrative Medicine

The Integrative Medical Centre in Bryanston, under the guidance of Dr Craigie Golding, will be hosting training seminars for doctors in an academic programme on anti-aging/integrative medicine. Participating doctors will become members of the South African Academy of Anti-Aging and Integrative Medicine.

## MODULE 9

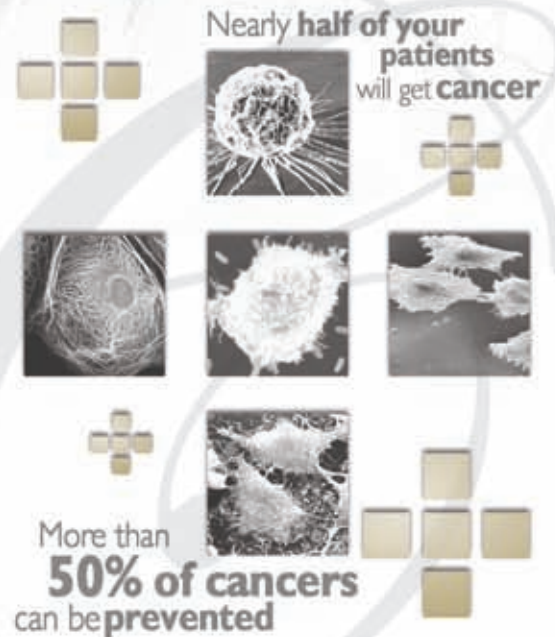
### Why should you attend this module covering Integrative Cancer Therapy?

- Nearly half of your patients will get cancer during their lifetime
- More than 50% of cancers can be prevented
- The majority of cancer patients are using adjunctive/CAM therapies with little or no guidance
- Two-thirds of your patients with cancer will survive beyond five years.

### What are you doing to help your patients prevent and manage cancer?

#### Study guidelines :

- Be familiar with various forms of non-pharmacologic complementary therapies
- Understand dietary recommendations for cancer patients
- Understand how to treat cancer with immunotherapy
- Understand how to inhibit glycolysis in cancer cells
- Understand the role of hyperthermia in treating cancer
- Understand the use of herbal supplementation in cancer treatment
- Dosages and protocols of various cancer treatments, for example: ukrain, latraele (vitamin b<sub>17</sub>), cesium chloride, coley's vaccine, manner protocol, iv vit c, etc
- Calorie restriction, amino acid restriction, carbohydrate restriction, and the ketogenic diet—can these dietary manipulations affect cancer outcome?
- Off-label pharmaceuticals will be included in this module
- Antioxidant use in cancer therapy.



### Dr Craigie Golding

Specialist Physician - MBChB (Cum Laude) (Pret), FCP (SA), ABAARM: Board Certified Anti-Aging Physician - American Board of Anti-Aging and Regenerative Medicine, FAARM: Fellowship in Anti-Aging and Regenerative Medicine

Craigie is a Specialist Physician in practice at the Integrative Medical Centre, Bryanston, Johannesburg. Dr Golding's interest in preventive medicine and addressing the causes of illness, resulted in him travelling to the USA to gain further qualifications. In 2007, Dr Golding completed his Fellowship in Anti-Aging medicine (FAAFM) and obtained Board Certification in Anti-Aging Medicine (ABAARM) from the American Board of Anti-Aging Medicine. Dr Golding is the only doctor in Africa to hold these qualifications, making him the first and only certified anti-aging physician in Africa.

**Date:** 21 October; 04 November; 18 November 2010.

**Venue:** FNB Conference & Training Centre – 114 Grayston Drive, Sandton.

**Time:** 17h30–18h00 (registration). Seminar commences 18h00–21h00.

**RSVP:** Monica: monica@solaltech.com, or call (011) 783 3939; Tanya: tanya@solaltech.com, or call (011) 463 0036.

**Cost:** R2000.

#### The academic training programme will involve the following ongoing components:

- a) Seminars: 3-4 a year – these are available on DVDs and CDs, which may be sent to those who have not attended, but have paid for the module
- b) Home-based study, including reading material, articles, webcasts, tutorials and fellowship guidelines
- c) DVDs on relevant topics, where applicable
- d) Selected books and reading material that can be purchased from SOLAL Technologies
- e) American Academy of Anti-Aging Medicine (AAM) selected reading material, where necessary, to complete credentials for ABAARM, ABAHP, fellowship or masters
- f) Sit-in consultations with Dr Golding at the IMC, for selected doctors who are wishing to develop a more integrative/anti-aging approach to their practice.